#### **ANNUAL REPORT NATIONAL SERVICE SCHEME (NSS) SESSION: 2015-16**

#### (A) Regular Activities:

The College has two NSS units with 379 students enrolled as NSS volunteers during 2015-16 against the sanctioned strength of 200 volunteers. This enrolment includes 164 male and 215 female volunteers. The NSS units organized the following activities under the able guidance and direction of Dr. Umesh Narta Programme Officer, NSS Unit-I and Dr. Gopal Dutt Sharma, Programme Officer, NSS Unit-II during the year 2015-16:

i) The enrolment drive to get new volunteers was launched in the month of July, 2015 in which a large number students participated. of college Three orientation meetings were also held for the newly enrolled NSS volunteers during the session.



for



**iii**) About 250 volunteers of NSS and 100 other students of the College participated in the block level plantation day on 8<sup>th</sup> August, 2015 in which about 500 deodar plants were planted in Bartu village with technical assistance from the forest officials. Mr. Mohan Lal Brakta, Hon'ble MLA, Dr. Parmod Chauhan, Principal, and DFO Rohru also were present during this plantation drive.



iv) A variety programme was organized by NSS volunteers on the occasion of Teachers' Day to homage Dr. S. pay to Radhakrishnan exhibit and respect and regard the to teachers.



v) On the occasion of the NSS Raising Day on 24th Sept, 2015, the NSS unit organized a mega function in the college Auditorium. The volunteers exhibited their all-round performance and skills through skits, speeches plays, and cultural programmes. Dr. Parmod Chauhan, Principal presided over the function and also gave prizes to the outstanding volunteers.















**vi)** A special cleanliness drive under 'Swatchh Bharat Campaign' was launched on  $2^{nd}$  October, 2015 by holding one day camp in the College campus. On this occasion, the volunteers cleaned the College campus. In addition, the NSS units undertook the special cleanliness drive in the adopted village Bijori to spread the message of cleanliness masses.

> vii) Besides this, the NSS volunteers rendered their valuable services in organizing two H.P. University Inter College events viz; Inter College Volleyball (Men) Championship from 19-22nd September, 2015 and Inter College Youth Festival Group-III (Folk Dance) from 3-5<sup>th</sup> October, 2015.



vii) NSS and Red Ribbon Club jointly observed AIDS Day on 1st Dec. 2015, organized an AIDS and awareness rally conducted Survey check the AIDS to awareness level of the students. In addition to this, the NSS volunteers organized 'Local Food Festival' and 'Poster and Collage Making' events on electoral processes during the





Annual Youth Plenary organized by the Political Science and Public Administration Association(PSPAA) presided over by Prof. A.D.N. Bajpai, Hon'ble Vice Chancellor, H.P. University.

#### **B) Special Camping Programme**

The seven days NSS Special Camp was held from 7-13<sup>th</sup> February, 2016. The camp was organized in Seema and Masli villages and Rohru Town with the theme **"Go Green Keep Clean**". In this Camp, 120 persons including five teachers, 107 volunteers and eight ex-NSS volunteers participated. The Camp was inaugurated by Dr. Parmod Chauhan, Principal of the College in the presence of college staff members and galaxy of NSS Programme Officers and teachers of adjoining Saraswati Nagar, Nerwa and Jangla Colleges.



Inauguration ceremony of special camp.

# Special Camp activities :

#### a) Field Work:

- levelling and expansion of play ground of Bal Ashram, Masli.
- swatchta, health & hygiene and environmental awareness activities and Beti Padhao Beti Bachao abhiyan through skits, nukad nataks, slogans and posters in Rohru town with active involvement and participation of Parent-Teacher Association, Municipal Council and Local Administration.
- Campus cleanliness, beatification and development activities.









## b) Academic & Creative Activities

- Lecture sessions on Personality Development ,goal setting, Value Education, career opportunities, Health & Hygiene, environment and the Constitution of India.
- Experience sharing with old NSS volunteers, volunteers of Mega camp/Adventure and RD/Pre-RD camps.
- Group wise report writing, stage management, poster &slogan writing competitions.







#### c) Cultural Activities

Talent hunt activities, individual and inter group singing & dance competition and inter group talent competitions.







# d) Sports &other activities



Morning assembly

Yoga session



Mess Management and cleanliness Car

Camp fire



Farewell to outgoing NSS volunteers

# C) PARTICIPATION OF VOLUNTEERS IN TREKKING CAMPS, ADVENTURE CAMPS AND YOUTH FESTIVALS



Trekking and Adventure Camp Hatkoti- Giri Ganga



Kamini Kanwar, NSS volunteer of GC Seema, Participant of National Youth Festival Raipur

HP contingent of National Youth Festival Raipur, January, 2016



## D) STATE LEVEL YOUTH SEMINAR:

The College through NSS units and organizing committee, convened and coconvened by NSS Programme Officers Dr. Gopal Dutt Sharma and Dr. Umesh Narta hosted a State Level TERI sponsored youth seminar on "Entrepreneurship and Skilling: A Springboard for Sustainable Development". About 150 students, NSS Youth Leaders from 10 different colleges/ institutions participated in it and were imparted training and information on entrepreneurship and skill development.



**NSS Activity News** 

# बाल आश्रम में की खेल मैदान की मरम्मत

सीमा कालेज के 107 स्वयं सेवी कर रहे क्षेत्रवासियों को जागरूक



मसली में खेल मैदान निर्माण के लिए एकत्रित हुए स्वयं सेवी।

के एनएसएस कार्यक्रम अधिकारी राजधानी शिमला सहित अन्य क्षेत्रों के लिए लोगों को प्रेरित किया जा की कार्यशैली के बारे में बताया।

डा गोपाल शर्मा ने बताया कि स्वयं में फैल रहे पीलिया रोग के कारणों सेवी क्षेत्रवासियों को पर्यावरण व इससे बचने के लिए प्राकृतिक सरंक्षण ,स्वच्छता, व स्वास्थ्य जल स्रोतों को स्वच्छ बनाए रखने जैसे विषयों को लेकर जागरूक कर रहे हैं। ग्रामीणों को जल प्रदुषण रहा है। अलग अलग विभागों के से होने वाले रोगों के बारे में भी विभागाध्यक्षों द्वारा सरकारी विभागों अवगत करवाया जा रहा है। इन दिनों

दिवसीय शिविर में क्षेत्रवासियों को पर्यावरण सरंक्षण, स्वच्छता व स्वास्थ्य जैसे विषयों पर जागरूक कर रहे हैं। बुधवार को बाल आश्रम मसली में खेल मैदान की मरम्मत करते हुए स्वयं सेवियों ने उद्यान विकास अधिकारी छौहारा कुशल मेहता से उन्त वागवानी के गुर भी सीखे। पीजी कालेज सीमा में चल रहे सात दिवसीय एनएसएस शिविर में कालेज के स्वयं सेवी निकटवर्ती ग्रामीण क्षेत्रों में विकासात्मक कार्यों में अपना योगदान दे रहे हैं। स्वयं सेवी ग्रामीणों के प्राकृतिक पेयजल स्रोतों की साफ सफाई , रास्तों के निर्माण जैसे कार्यों को करते हुए क्षेत्रवासियों को जागरूक भी कर रहे हैं। कालेज

भास्कर न्यूज रोहड्

एनएसएस के 107 स्वयं सेवी सात



